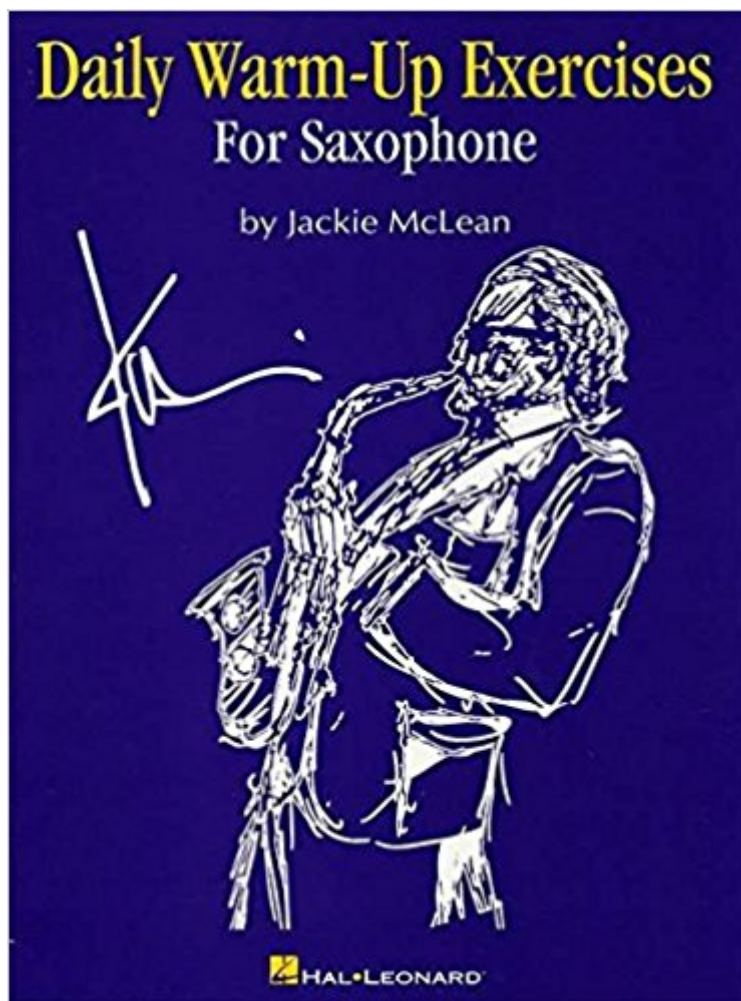




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Daily Warm-Up Exercises For Saxophone



Synopsis

(Instructional). Living sax legend Jackie McLean is one of the greatest alto players of the post-Parker era. For this book, he has assembled essential warm-up exercises to help students become familiar with playing through different keys ascending and descending chromatically. Includes a biography, an interview, many exercises, and transcriptions of his solos in "Bluesnik" and "Dig."

Book Information

Paperback: 32 pages

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Language: English

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Average Customer Review: 4.3 out of 5 stars 41 customer reviews

Best Sellers Rank: #93,597 in Books (See Top 100 in Books) #22 in [Books > Arts & Photography > Music > Instruments > Woodwinds > Saxophones](#) #158 in [Books > Arts & Photography > Music > Theory, Composition & Performance > Techniques](#) #762 in [Books > Arts & Photography > Music > Theory, Composition & Performance > Instruction & Study](#)

Customer Reviews

This is an amazing exercise tool for the saxophone. It does not contain anything too original- it puts together some of the basic exercises (long tones, major and minor scales, arpeggios of different intervals) and requires you to play all of them in a way that forces you to develop great stamina and concentration. After mastering this warm up - there should be no trouble playing anything. Your tone will be great, your fingering swift, and your ear open to different intervals.

If you've been frustrated by practice books that show you a pattern in one key and then say "Transpose and memorize this in all 12 keys," then this book should make life a lot easier for you. Jackie spells out all his exercises in all 12 keys. He even notates all the accidentals for you. So with a minimum of mental gymnastics you can get down to the physical gymnastics of drilling his favorite practice patterns into your fingers until your muscle memory takes over. By placing equal emphasis on all 12 keys from the very beginning, this book will get you all around your horn with

maximum efficiency. Many of the exercises change key twice per measure, so you have no opportunity to get stuck in a "easy key" rut. Instead you'll find yourself adopting a "wholistic" mindset as Maclean runs you through the major, minor, dominant, diminished and augmented scales. My only nitpick is that a CD would have been nice. But the patterns aren't rhythmically complicated or hard to read so I guess a CD isn't really necessary. Also you should know that this is a fairly short book. The idea is that once you've got them thoroughly memorized you'll be able to run through the whole set of patterns in 45 minutes and they'll become your regular warm-up routine. Two of Mclean's most popular original compositions are included at the end of the book as a bonus.

Wonderful exercises. Wish I would have had this in high school. Great exercises for dexterity, note memorization and practice. Starting to play the sax after a 30 year break.

This book gives students a core routine across the standard range of the saxophone. There are many scales, chords, and patterns that helps teach music theory from the beginning. This is a required book for all my sophomore students and I buy the books (for them to keep) to help the parents keep their costs down.

very good

Very good book, only wish it was a little more longer.

WOW!! What a work out. After I finish what is called the "Grand Exercise" in this book I'm ready for almost anything. I've been playing for about a year and a half and this is the best book for warming up that I've encountered. I don't know how a more advanced player might feel about this but this was a challenging and fun book for me.

I've enjoyed doing the exercises which give one a good appreciation and feel for different key signatures and scales. The added music at the end, including the song, "Dig", is an excellent way to follow the warm-up.

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